



SWIM LESSONS SAVE LIVES

2019 Fall Swim Academy
LAKE NONA YMCA

Monday & Wednesday (4 week session - 8 classes)

SESSION DATES	Reg. Deadline*
Aug 12 - Sept 6	Aug 9
Sept 9 - Oct 2	Sept 6
Oct 7 - Oct 30	Oct 4
Nov 4 - Dec 4	Nov 1

Preschool: Monday & Wednesday:

Stage 1: 3:30 PM
Stage 2: 3:30 PM
Stage 3: 4:05 PM
Stage 4: 4:05 PM

School Age:

Monday & Wednesday:

Stage 1: 4:40 PM
Stage 2: 4:40 PM
Stage 3: 5:30 PM
Pre Swim Team/Stage 5: 5:30 PM
Aquatic Conditioning: 6:15 PM

Weekday - 8 classes

\$75 Members
\$150 Non-Members

*After the registration date has passed, a \$10 late fee will apply.

Tuesday & Thursday (4 week session - 8 classes)

SESSION DATES	Reg. Deadline*
Aug 13 - Sept 5	Aug 9
Sept 10 - Oct 3	Sept 6
Oct 8 - Nov 1	Oct 4
Nov 5 - Dec 5	Nov 1

SPLASHBALL SEASON

Sept 10-Nov 12

Preschool: Tuesday & Thursday:

Parent/Child: 4:30 PM
Stage 1: 5:05 PM
Stage 2: 5:05 PM
Stage 3: 5:40 PM

School Age & Adult:

Tuesday & Thursday:

Stage 3: 5:40 PM
Stage 4: 6:15 PM
Splashball/Water polo: 5:15 PM
Teen/Adult Beginner: 6:30 PM

Weekday - 8 classes

\$75 Members
\$150 Non-Members

Season Dues for Splashball

\$90 Members
\$175 Non-Members

Saturdays

SESSION DATES	Reg. Deadline*
Aug 17- Sep 21	Aug 14
Sept 21 - Oct 12	Sept 18
Oct 19 - Nov 9	Oct 16

Preschool:

Saturday:

Stage 1: 8:30 AM & 9:05 AM
Stage 2: 9:05 AM
Stage 3: 10:30 AM
Parent Child: 10:30 AM

School Age & Adult:

Saturday:

Stage 2: 9:40 AM
Stage 3: 9:40 AM
Stage 4: 11:00 AM
Teen/Adult Beginner: 11:00 AM

Saturdays - 4 classes

\$38 Members
\$75 Non-Members

Private Lessons

Four 30 minute lessons

Members: \$125
Non-Members: \$188

Eight 30 minute lessons

Members: \$200
Non-Members: \$300

SEMI PRIVATE: 8- 30 minute lessons

Members: \$125
Non-Members: \$175

LAKE NONA YMCA

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