



GYM SCHEDULE

WINTER PARK YMCA FAMILY CENTER

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2
5:00 AM	Open Gym													
6:00 AM	Open Gym		Adult Pickup		Open Gym		Adult Pickup		Open Gym					
7:00 AM	Open Gym		Adult Pickup		Open Gym		Adult Pickup		Open Gym		Open Gym			
8:00 AM	Open Gym													
9:00 AM	Wellness Classes													
10:00 AM														
11:00 AM														
12:00 PM	Open Gym													
1:00 PM	Kid Zone											Adult Pickup		
2:00 PM	Kid Zone										Youth Sports			
3:00 PM	Open Gym											Open Gym	Adult Volleyball	
4:00 PM	Open Gym													
5:00 PM	Open Gym	Youth Sports	Youth Sports		Youth Sports		Youth Sports		Adult Pickup					
6:00 PM														
7:00 PM														
8:00 PM			Open Gym	Open Gym	Open Gym	Open Gym			Youth Sports					
9:00 PM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Adult Basketball League							

* Under 12 Years Old - Parent/Guardian need to be present * SCHEDULE SUBJECT TO CHANGE.