



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SUMMER AQUATICS SCHEDULE

## Frank DeLuca YMCA Family Center

Summer Schedule May 28–August 9

### Lap Swim Hours

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00AM–8:00PM	5:00AM–8:00PM	5:00AM–8:00PM	5:00AM–8:00PM	5:00AM–8:00PM	7:00AM–4:30AM	12:00PM–4:30PM

Limited availability at certain times:

**8:00AM–12:15PM (Swim team and Swim lessons)**

**10:30AM–11:30AM (Water Aerobics)**

**5:30PM–7:30PM (Swim lessons)**

### Open/Family Swim Hours

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00AM–8:00PM	5:00AM–8:00PM	5:00AM–8:00PM	5:00AM–8:00PM	5:00AM–8:00PM	7:00AM–4:30PM	12:00PM–4:30PM

### Water Aerobics Hour

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:30AM–11:30AM	10:30AM–11:30AM	10:30AM–11:30AM	10:30AM–11:30AM	10:30AM–11:30AM	No Class	No Class

### Swim Team Practice

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00AM–9:30AM	8:00AM–9:30AM	8:00AM–9:30AM	8:00AM–9:30AM	8:00AM–9:30AM	8:00AM–10:30AM	No Practice

### Swim Lessons

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00AM–12:15PM 5:30PM–7:30PM	9:00AM–12:15PM 5:30PM–7:30PM	9:00AM–12:15PM 5:30PM–7:30PM	9:00AM–12:15PM 5:30PM–7:30PM	9:00AM–12:15PM 5:30PM–7:30PM	9:00AM–1:00PM	No Lessons

### Water Park

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00AM–7:00PM	10:00AM–7:00PM	10:00AM–7:00PM	10:00AM–7:00PM	10:00AM–7:00PM	10:00AM–4:00PM	12:00PM–4:00PM

\* SWIM LESSONS AND SWIM TEAM ARE FEE BASED ACTIVITIES

\* WATER AEROBICS IS A HEALTH SEEKER GROUP CLASS

\* LAP LANES ARE FOR LAP SWIMMING ONLY