

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

May is **DROWNING PREVENTION MONTH** and the Y is passionate to ensure that not one more child drowns. Join our cause and register for swim lessons or donate a session of swim lessons for a child in need.

1
One perk of living in Florida is that you can swim year round. May Swim Lessons start 5/4!



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3
WyldLife is for middle school kids and builds lasting relationships with each other and Jesus @ 6pm

4
Join us for Garden Club, the 1st Saturday of every month @ 9am



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Healthy & Fit @ 9am

Prayer Group @ 10:30am

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8
Farmer's Market 5am-1pm Every Wednesday



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10
Conquer your weekend early and take a BodyPump class @ 9:45am!



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13
Join us for the BEST SUMMER EVER! Don't wait to register for summer camp as we have limited space!

14
Mission Committee @ 12:00pm



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16
Medicare Seminar @ 11:30am

BURGERFI YMCA Spirit Night @ 6pm

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Like us on Facebook!



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Last day of Summer Youth Sports Early Registration is today!



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Follow us on Instagram!



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Farmer's Market 5am-1pm Every Wednesday

23

Membership Welcome Committee @ 10:15

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Parent's Night Out Kids ages 5-12 from 5-10pm

25
Trainer Team Building Workout @ 11am Train with our trainers—you will never receive the same workout twice!

26

Did you know we have a Mobile App? Download the YMCA of Central Florida App in your App store!



27

Bemer Demonstration @ 11am - sign up at the front desk to reserve your spot!



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29
Farmer's Market 5am-1pm Every Wednesday



30

Summer Camp Open House 6-7pm

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