



SWIM LESSONS SAVE LIVES

2019 Spring Swim Academy
LAKE NONA YMCA

Monday & Wednesday

SESSION DATES Reg. Deadline*

(2 week session - 4 classes)
Mar 4 - Mar 13 Feb 27
Mar 25 - Apr 3 Mar 20

(4 week session - 8 classes)
Apr 8 - May 1 Apr 3
May 6 - May 31 May 1

Preschool:

Monday & Wednesday:

Stage 1: 3:30 PM
Stage 2: 3:30 PM
Stage 3: 4:05 PM
Stage 4: 4:05 PM

School Age:

Monday & Wednesday:

Stage 1: 4:40 PM
Stage 2: 4:40 PM
Stage 3: 5:30 PM
Pre Swim Team/Stage 5: 5:30 PM

Weekday - 4 classes

\$38 Members
\$75 Non-Members

Weekday - 8 classes

\$75 Members
\$150 Non-Members

Tuesday & Thursday

SESSION DATES Reg. Deadline*

(2 week session - 4 classes)
Mar 5 - Mar 14 Feb 28
Mar 26 - Apr 4 Mar 21

(4 week session - 8 classes)
Apr 9 - May 2 Apr 4
May 7 - May 30 May 2

Preschool:

Tuesday & Thursday:

Parent/Child: 4:30 PM
Stage 1: 5:05 PM
Stage 2: 5:05 PM
Stage 3: 5:40 PM

School Age & Adult:

Tuesday & Thursday:

Stage 3: 5:40 PM
Stage 4: 6:15 PM
Teen/Adult Beginner: 6:30 PM

Weekday - 4 classes

\$38 Members
\$75 Non-Members

Weekday - 8 classes

\$75 Members
\$150 Non-Members

Saturdays

SESSION DATES Reg. Deadline*

Mar 30 - Apr 20 Mar 26
Apr 27 - May 18 Apr 23

Preschool:

Saturday:

Stage 1: 9:05 AM
Stage 2: 9:05 AM
Stage 3: 10:30 AM
Parent Child: 10:30 AM

School Age & Adult:

Saturday:

Stage 2: 9:40 AM
Stage 3: 9:40 AM
Stage 4: 11:00 AM
Teen/Adult Beginner: 11:00 AM

Saturdays - 4 classes

\$38 Members
\$75 Non-Members

Private Lessons

Four 30 minute lessons

Members: \$125
Non-Members: \$188

Eight 30 minute lessons

Members: \$200
Non-Members: \$300

*After the registration date has passed, a \$10 late fee will apply.

LAKE NONA YMCA
9055 Northlake Pkwy | Orlando, FL 32827 | 407.852.3520 | rlewis@cfymca.org