



# BLANCHARD PARK YMCA

## SWIM ACADEMY CALENDAR 2019

### MONDAY / WEDNESDAY LESSONS

### TUESDAY / THURSDAY LESSONS

SESSION DATES: March 4–March 27, 2019

SESSION DATES: March 5–March 28, 2019

Registration Fee: Y–Member: \$75 | Non–Member: \$150

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Check with our Membership Desk to get registered today!



## AGE



**SWIM STARTERS**  
6 months—3 years



**PRESCHOOL**  
3 years—5 years



**SCHOOL AGE**  
5 years—12 years



**TEEN / ADULT**  
12+ years

		Eight, 30 Minute Classes	
		Parent/Child–Swim Starters Classes will begin in May.	
Eight, 30 Minute Classes		Eight, 30 Minute Classes	
Stage 1– Water Acclimation	4:45–5:15	Stage 1– Water Acclimation	3:45–4:15
Stage 2–Water Movement	5:30–6:00	Stage 2–Water Movement	3:45–4:15
Stage 3–Water Stamina	6:15–6:45	Stage 3–Water Stamina	4:15–4:45
Stage 4–Stroke Introduction	6:15–6:45	Stage 4–Stroke Introduction	4:15–4:45
Eight, 45 Minute Classes		Eight, 45 Minute Classes	
Stage 1– Water Acclimation	4:45–5:30	Stage 1– Water Acclimation	5:00–5:45
Stage 2– Water Movement	4:45–5:30	Stage 2– Water Movement	5:00–5:45
Stage 3–Water Stamina	5:30–6:15	Stage 3–Water Stamina	5:00–5:45
Stage 4–Stroke Introduction	5:30–6:15	Stage 4–Stroke Introduction	5:45–6:30
Stage 5–Stroke Development	6:15–7:00	Stage 5–Stroke Development	5:45–6:30
Stage 6– Stroke Mechanics	6:15–7:00	Stage 6– Stroke Mechanics	5:45–6:30
Eight, 45 Minute Classes			
Teen / Adult Beginner Classes will be held on Saturdays.			



# BLANCHARD PARK YMCA

## SWIM ACADEMY CALENDAR 2019



### SATURDAY LESSONS

### SUNDAY LESSONS

**SESSION DATES:** March 9–March 30, 2019

The Blanchard Park YMCA is not offering group swim lessons on Sundays at this time.

Registration Fee: Y–Member: \$38 | Non-Member: \$75

Private swim lessons are available by request. Please check with the Membership Desk for more information.

**Check with our Membership Desk to get registered today!**

## AGE



**SWIM STARTERS**  
6 months—3 years



**PRESCHOOL**  
3 years—5 years



**SCHOOL AGE**  
5 years—12 years



**TEEN / ADULT**  
12+ years

#### Four, 30 Minute Classes

Parent/Child–Swim Starters Classes will begin in May.

#### Four, 30 Minute Classes

Stage 1– Water Acclimation	9:30–10
Stage 2—Water Movement	9:30–10
Stage 3—Water Stamina	10:15–10:45
Stage 4—Stroke Introduction	10:15–10:45

#### Four, 45 Minute Classes

Stage 1– Water Acclimation	9:30–10:15
Stage 2– Water Movement	9:30–10:15
Stage 3—Water Stamina	10:15–11
Stage 4—Stroke Introduction	11–11:45
Stage 5—Stroke Development	11–11:45
Stage 6– Stroke Mechanics	11–11:45

#### Four, 45 Minute Classes

Teen / Adult Beginner	12–12:45
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#### Four, 30 Minute Classes

#### Four, 45 Minute Classes