



# LEARN SKILLS GAIN CONFIDENCE

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



Integrity  
Concentration  
Perseverance  
Respect & Obedience  
Self-Control  
Humility  
Indomitable Spirit

## TAE KWON DO YMCA AQUATIC & FAMILY CENTER

Tae Kwon Do classes are offered in a group setting where students will be instructed by black belt instructors from the United State Do Kwan Association. Each class is designed to assist the individual student in reaching their goals in Martial Arts through an established & published curriculum.

### WEDNESDAY & FRIDAY

Chung Do Kids (Ages 5-7) at 5:30pm

Beginners (Ages 8+) at 6:00pm

Advanced (Ages 8+ ) at 7:00pm

### SATURDAYS

Chung Do Kids (Ages 5-7) at 9:30am

Beginners (Ages 8+) at 10:00am

Advanced (Ages 8+) at 11:00 am

### Monthly Rate

#### Individual

\$25/Chang Do

\$40/Beginners or Advanced

#### Family

\$70/Family (2+ Individuals)

\*YMCA Membership Required