









ROPER YMCA

2018 SPORTS CALENDAR

Season	Winter	Spring I	Spring II	Summer	Fall I	Fall II
Sports Offered <small>(subject to change)</small> 7 Game Seasons	 Basketball Cheerleading Flag Football	 Basketball Soccer Volleyball	 Basketball Speed Lacrosse Futsal (indoor soccer) Rising Stars	 Basketball Cheerleading Futsal (indoor soccer) Splashball	 Basketball Soccer Volleyball T-ball	 Basketball Flag Football Volleyball Futsal (indoor soccer)
Grades <small>(Pre K starts at age 3)</small>	Basketball: PreK-12th Flag Football: 4-12th Cheerleading: K-5th	Basketball: 4th-12th Soccer: Pre K-12th Volleyball: 2nd-12th	Basketball: KG -12th Futsal: KG -12th Speed LAX: 2nd-12th Rising Stars: PK-1st	Basketball: Pre K-12th Cheerleading: K-5th Splashball: 1st-5th Futsal: Pre K-12th	Basketball: 4th-12th Soccer: Pre K-12th Volleyball: 2nd-12th Tball: PK-1st	Basketball: 4th-12th Flag Football: PK-12th Volleyball: 2nd-12th Futsal: PK-12th
Week of First Practices	Jan 8	Feb 26	April 23	June 11	Aug 14	Oct 15
First Game	Jan 12/13	March 2/3	April 27/28	June 15/16	Aug 24/25	Oct 26/27
Last Game	Feb 24	April 21	June 9	Aug 11	Oct 13	Dec 15
Holiday Time Off	None	March 19-23	None	July 2- 7	Sept 1-3	Nov 19-23
Early Registration	Nov 20- Dec 10	Jan 15- Feb 5	March 13- April 9	April 23- May 21	July 9- July 29	Sept 3- Sept 30
Early Member	\$90	\$90	\$90	\$90	\$90	\$90
Early Community	\$175	\$175	\$175	\$175	\$175	\$175
Open Registration (Limited Space)	Dec 11- Jan 5	Feb 6- Feb 25	April 10- April 22	May 22- June 3	July 30- Aug 13	Oct 1- Oct 14
Open Member	\$110	\$110	\$110	\$110	\$110	\$110
Open Community	\$195	\$195	\$195	\$195	195	\$195

Registration: Roper YMCA, Membership Services Desk
Team Info & Schedules: roperymca.playerspace.com

Morgan Earp, Sports Coordinator, mearp@cfymca.org



2018 SPORTS PARENT INFORMATION

WHY THE Y?

The YMCA Youth Sports philosophy is unique. We emphasize good sportsmanship, teamwork, values, and fellowship with others, alongside teaching sports skills. The three most important goals as a parent and a coach are to make sure **each child is safe, has fun and learns the fundamentals** of each sport.

The YMCA has a modified league format to help ensure this philosophy is fostered:

- NO TRY-OUTS OR CUTS and EACH PLAYER PLAYS AT LEAST HALF OF EVERY GAME
- EMPHASIS ON FUN & SKILL DEVELOPMENT BEFORE WINS & LOSSES
- MODIFIED GAME RULES THAT HELP YOUR CHILD DEVELOP THEIR SKILLS
- REFEREES WHO 'COACH' WHEN ENFORCING THE RULES OF THE GAME

PRACTICE INFORMATION

Each team practices one evening per week for one hour (PreK 45mins). Practices are held Monday-Thursday, with the earliest time being 5pm. Generally the younger the age-group, the earlier the practice. When you register, you can request a certain day or time that works best for your schedule, as well as requesting a particular coach or teammate. Requests are filled on a first-come first-served basis. Each practice, we will have balls and equipment provided, and you are welcome to bring your own ball too. Make sure you put your name on equipment you bring with you.

GAME INFORMATION

Games take place either on Friday evenings or Saturdays. Older teams (4th grade and up) often play more Friday evening games, whereas younger teams (Pre-K through 3rd grade) tend to have more earlier Saturday games. All teams will play seven games during the season. Teams in grades 4th & up may travel some weeks to local Central Florida YMCA's for away games. Please see our season registration form for specific game information for each sport. Game schedules will be posted on our Playerspace website the Monday prior to the first weekend of games.

UNIFORMS & WHAT TO WEAR

All players will receive a YMCA team jersey as part of their registration. Jerseys will be handed out as you arrive for your first game. Players will need to wear comfortable athletic shorts or pants, with sneakers for indoor sports and rubber-soled cleats for outdoor sports.

Things to note for Game-Day:

- Players may not wear jewelry during their games (fitness bracelets included)
- No food or gum is allowed in the gymnasium
- Bring plenty of water to practices and games. All drinks must be in sealed bottle.



VOLUNTEER COACHES

Our coaches are background-screened volunteers who give back to their community through the sports that they love. They dedicate two hours a week to help kids develop skills, values and a love of the game.

Benefits of Coaching:

- A coach will have more impact in one season than most people do in a lifetime
- Coaches have fun with the youth in their community
- Coaches get first pick of practice days/times
- We hold a coaches' training each season so every coach is knowledgeable and informed

COACHES AND PARENTS CODE OF CONDUCT

- I truly understand that youth sports are intended for children and not for adults
- I will place the well-being of the players ahead of my personal desire to win
- I will treat each player with respect, & extend that respect to all parents, spectators and YMCA officials.
- I will demonstrate good sportsmanship and fair play towards all players, opponents and coaches.