

INDOOR POOL SCHEDULE



	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY
	LAP SWIM	AQUATIC CLASSES	LAP SWIM	AQUATIC CLASSES	LAP SWIM	AQUATIC CLASSES	LAP SWIM	AQUATIC CLASSES	LAP SWIM	AQUATIC CLASSES	LAP SWIM	AQUATIC CLASSES	LAP SWIM
5:00 AM	Lap Swim (6 Lanes) 5—9AM		Lap Swim (6 Lanes) 5—10AM		Lap Swim (6 Lanes) 5—9AM		Lap Swim (6 Lanes) 5—10AM		Lap Swim (6 Lanes) 8—9AM		Lap Swim (6 Lanes) 7—9 AM		
6:00 AM													
7:00 AM													
8:00 AM	Lap Swim (3 Lanes) 9AM—10 AM	Deep Water Fitness 9—10AM			Lap Swim (3 Lanes) 9AM—10 AM	Deep Water Fitness 9—10AM			Lap Swim (3 Lanes) 9—10AM	Deep Water Fitness 9AM—10AM	Lap Swim (3 Lanes) 9—10AM	AquaZumba 8—9AM	
9:00 AM													
10:00 AM													
10:30 AM	Lap Swim (3 Lanes) 10—11AM	Shallow Water Fitness 10—11AM	Lap Swim (3 Lanes) 10—11AM	AquaZumba 10—11AM	Lap Swim (3 Lanes) 10—11AM	Shallow Water Fitness 10—11AM		AquaZumba 10—11AM	Lap Swim (3 Lanes) 10—11AM	Shallow Water Fitness 10AM—11AM	Lap Swim (6 Lanes) 10 AM—6:30 PM		
11:00 AM													
12:00 PM													
1:00 PM	Lap Swim (6 Lanes) 11AM—2:15PM		Lap Swim (6 Lanes) 11 AM—7 PM		Lap Swim (6 Lanes) 11AM—6PM		Lap Swim (6 Lanes) 11 AM—7 PM		Lap Swim (6 Lanes) 2:15—3PM		Lap Swim (6 Lanes) 10 AM—6:30 PM		Lap Swim (6 Lanes) 12—5:30PM
2:00 PM													
3:00 PM													
4:00 PM	Lap Swim (6 Lanes) 3—9 PM		Lap Swim (6 Lanes) 3—9 PM		Lap Swim (3 Lanes) 6—7PM	Shallow Water Fitness 6—7PM	Lap Swim (3 Lanes) 6—7 PM	AquaZumba 6—7AM	Lap Swim (6 Lanes) 3—8:30PM		Lap Swim (6 Lanes) 10 AM—6:30 PM		
5:00 PM													
6:00 PM													
7:00 PM	Lap Swim (1 Lane) 7—8PM		Lap Swim (1 Lane) 7—8PM	Masters Swim 7—8PM	Lap Swim (6 Lanes) 7—9PM		Lap Swim (1 Lane) 7—8PM	Masters Swim 7—8PM	Lap Swim (6 Lanes) 8—9PM		Lap Swim (6 Lanes) 10 AM—6:30 PM		
8:00 PM													
9:00 PM													