



DOWNTOWN ORLANDO YMCA

SWIM ACADEMY CALENDAR 2018



SATURDAY LESSONS

TUES. / THURS. LESSONS

SESSION DATES: AUGUST 4-25

Early Reg. Deadline—JULY 27th Late Reg. Deadline— AUG. 2nd

Early Reg. Fee: Y-Member: \$38 | Non-Member: \$75

Late Registration Fee: Y-Member: \$58 | Non-Member: \$95

SESSION DATES: AUGUST 7-30

Early Reg. Deadline—JULY 27th Late Reg. Deadline— AUG. 2nd

Early Reg. Fee: Y-Member: \$75 | Non-Member: \$150

Late Registration Fee: Y-Member: \$95 | Non-Member: \$170

AGE



SCHOOL AGE

5 years—12 years

Four, 45 Minute Classes

Stage 1— Water Acclimation	9:00 AM
Stage 2— Water Movement	10:30 AM
Stage 3—Water Stamina	12:00 PM
Stage 4—Stroke Introduction	10:30 AM
Stage 6— Stroke Mechanics	9:45 AM

Eight, 45 Minute Classes

Stage 1— Water Acclimation	4:00 PM
Stage 3—Water Stamina	4:45 PM
Stage 4—Stroke Introduction	6:15 PM
Stage 6— Stroke Mechanics	4:45 PM
Endurance, Sports and Games	5:30 PM

Four, 45 Minute Classes

Teen / Adult Intermediate	9:00 AM
Teen / Adult Beginner	11:15 AM



TEEN / ADULT

12+ years