



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# THE AQUATIC LIFE AT THE OVIEDO Y

## SUMMER 2018

Your safety is important to us. The pool will be closed during the time frames that the lifeguard is on a break.  
Pool Maximum Capacity: 35 people

### LAP SWIM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00AM-5:30pm	5:00AM-7:20AM 8:35AM-11:10AM 1:35pm-6:55PM 7:20pm-9:30pm	5:00AM-7:20AM 8:35AM-11:10AM 1:35PM-6:50PM 8:10PM-9:30AM	5:00AM-7:20AM 8:35AM-11:10AM 1:35PM-6:50PM 8:10PM-9:30PM	5:00AM-7:20AM 8:35AM-11:10AM 1:35PM-6:50PM 8:10PM-9:30PM	5:00AM-7:20AM 8:35AM-11:10AM 1:35PM-8:30PM	7:00AM-9:20AM 10:40AM-11:30AM 11:40AM-5:30PM

**LAP SWIMMERS:** Monday-Friday 8:45am-11:15am, & 4:30pm-7:00pm, Saturday 10:30am-1:30pm and Sunday 2:00pm-5:30pm there will be limited space for lap swimming due to swim lessons being conducted. Lap swimmers may be asked to share a lane or circle swim during these times.

### REC SWIM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00AM-5:30PM	8:35AM-11:10AM 1:35PM-6:55PM 7:20PM-9:30PM	8:35AM-11:10AM 1:35PM-6:50PM 8:10PM-9:30PM	8:35AM-11:10AM 1:35PM-6:50PM 8:10PM-9:30PM	8:35AM-11:10AM 1:35PM-6:50PM 8:10PM-9:30PM	8:35AM-11:10AM 1:35PM-8:30PM	7:00AM-9:20AM 10:40AM-11:30AM 11:40AM-5:30PM

**Reminder: No lap or rec swim during aquatic fitness or swim team practices.**

### SWIM TEAM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
N/A	N/A	7:00PM-8:00PM	7:00PM-8:00PM	7:00PM-8:00PM	N/A	N/A

**Swim team try-outs are held on the 3rd Wednesday of every month during 7-8pm**

### AQUATIC FITNESS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
N/A	7:30AM-8:30AM 11:15AM-12:15PM 12:30PM-1:30PM 7:00PM-8:00PM	7:30AM-8:30AM 11:15AM-12:15PM 12:30PM-1:30PM	7:30AM-8:30AM 11:15AM-12:15PM 12:30PM-1:30PM	7:30AM-8:30AM 11:15AM-12:15PM 12:30PM-1:30PM	7:30AM-8:30AM 11:15AM-12:15PM 12:30PM-1:30PM	9:30AM-10:30AM

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