

**SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY**

**Check out the back for more June fun and upcoming July dates!**

					1	2 Gardening Club Adults @ 9:15am Kids @ 9:30am  108 Sun Salutations 3-5pm
3	4 Healthy & Fit Club @ 9am Balance & Stability w/ Ty  Prayer Group @ 10:15am	5 Wacky Hair Day for Club Y & Child Development	6 Farmer's Market Every Wednesday 5am-1pm	7 Dance Tournament in Club Y  Who will be the champion?	8	9
10	11 Try our NEW Aqua Zumba class Mondays @ 7pm 	12 Weightlifting Technique Workshop w/ Russ @ 6:30pm 	13 Farmer's Market 5am-1pm  Fraud & Scams Lecture @ 1:30pm	14 Come watch Ellis from Z88.3 learn how to swim from Olympian Rowdy Gaines in our Pool @ 10:45 	15	16 First day of Youth Basketball Games @ Jackson Heights Middle School 
17 July Swim Lessons will fill up fast! Register Soon! 	18 Core Blast Workshop w/ Stephanie @ 7pm 	19 Simplify Summer Meals w/ Chef Gary @ 10am	20 Medicare Seminar @ 11:30am  Weightlifting Technique Workshop w/ Russ @ 6:30pm	21 Join us for the Knitting Club every Thursday @ 1pm	22	23
24	25	26 Balance & Stability Workshop w/ Stephanie @ 10am  Mom's On The Move Club - Meeting @ 11am	27 Farmer's Market 5am-1pm	28 Membership Welcoming Committee @ 10:15am	29 Parent's Night Out 5-10pm Sherlock Gnomes 	30



# SAVE THESE UPCOMING DATES

We are excited to have the Oviedo YMCA be your summer staycation! We have some exciting and fun activities planned all summer long. Save these dates and be on the look out for some other fun activities throughout the summer.

## Youth Development Activities:

- **TUESDAYS:** Join us for Wacky Tuesdays as we let kids be creative with the daily theme and give them an opportunity to dress up!
  - **6/5– Wacky Hair Day**– Come up with your wildest way to dress up your hair. We will have a competition going throughout the day
  - **6/12– Super Hero Day**– Come to the Y w/ your best super hero impression. Dress up and show off your super hero attire or come in disguise and let the staff guess who you are based on your heroic attitude
  - **6/19– Backwards Day**– Whether you wear your clothes backward or walk backwards– how backwards can you be?
  - **6/26– Crazy Sock Day**– Wear your favorite pair of socks or mix and match. We want to see who has the wildest combo
- **THURSDAYS:** Check out some special activities that will be added on top of our normal programming
  - **6/7– Fooseball & Dance Competition**– In club Y! Join us for the morning or evening times to compete!
  - **6/14– Club Y's Got Talent**– Come show off those special skills! We want your magic tricks, your dance moves, your singing voices and anything else that makes you, YOU!
  - **6/28– Life Size Hungry, Hungry Hippo Game**– Come play a life size version of Hungry, Hungry Hippos with us!

## Coming in July....

- **7/9– Self Defense Class @ 9am**– Ladies join our Healthy & Fit Committee and come learn how to defend yourself in real life situation. Wear your gym clothes and your sneakers as you will be participating in self defense moves.
- **7/9– Book Collection**– The YMCA will be collecting books for our Scholarship Book Drive! Donate you already read books for a good cause!
- **7/13– Family Game Night**– Join other families and compete in "Minute to Win It" games! Come prepared to be silly! This is no ordinary game night!
- **7/18– Summer Meals in a Snap**– Join the YMCA's Chef Gary as he shares and tastes simple summer meals
- **7/30 Book Sale**– Come purchase used books that were donated. ALL proceeds will go to benefit our scholarship fund.

**COMING SOON .....Outdoor games for kids, sports clinics, Gaga Ball Pit, Water Days and more!**