



# OVIEDO YMCA

## SWIM ACADEMY CALENDAR 2018



### AGE



**SWIM STARTERS**  
6 months—3 years



**PRESCHOOL**  
3 years—5 years



**SCHOOL AGE**  
5 years—12 years



**TEEN / ADULT**  
12+ years

### SATURDAY LESSONS

### SUNDAY LESSONS

SESSION DATES: JULY 7th—JULY 28th

SESSION DATES: JULY 8th—JULY 29th

Registration Fee: Y-Member: \$38 | Non-Member: \$75

Registration Fee: Y-Member: \$38 | Non-Member: \$75

REGISTRATION DEADLINE JULY 5th

REGISTRATION DEADLINE JULY 5th

#### Four, 30 Minute Classes

Parent/Child– Swim Starters 10:45 AM

#### Four, 30 Minute Classes

Stage 1– Water Acclimation 10:45 AM  
 Stage 1– Water Acclimation 11:30 AM  
 Stage 3—Water Stamina 12:15 PM

#### Four, 45 Minute Classes

Stage 1– Water Acclimation 11:30 AM  
 Stage 3—Water Stamina 12:30 PM

#### Four, 45 Minute Classes

Teen / Adult Beginner 1:30 PM

#### Four, 30 Minute Classes

Stage 1—Water Acclimation 2:00 PM  
 Stage 3—Water Stamina 2:45 PM

#### Four, 45 Minute Classes

Stage 1—Water Acclimation 3:30 PM  
 Stage 3—Water Stamina 4:30 PM

#### Four, 45 Minute Classes

Teen / Adult Beginner 1:00 PM

**FOR MORE INFORMATION, CONTACT:** Reed Davis | Aquatics Coordinator | [rdavis@cfymca.org](mailto:rdavis@cfymca.org) | 7900 Red Bug Lake Road, Oviedo, FL 32765



# OVIEDO YMCA

## SWIM ACADEMY CALENDAR 2018



### AGE

**SWIM STARTERS**  
6 months—3 years

**PRESCHOOL**  
3 years—5 years

**SCHOOL AGE**  
5 years—12 years

**TEEN / ADULT**  
12+ years

MON / WED LESSONS	MON - THUR TWO WEEK SESSIONS	TUES / THURS LESSONS
SESSION DATES: JULY 9th–AUGUST 1st	SESSION DATES: JULY 9th–JULY 19th SESSION DATES: JULY 23rd–AUGUST 2nd	SESSION DATES: JULY 10th–AUGUST 2nd
Registration Fee: Y–Member: \$75 Non-Member: \$150	Registration Fee: Y–Member: \$75 Non-Member: \$150	Registration Fee: Y–Member: \$75 Non-Member: \$150
REGISTRATION DEADLINE JULY 5th	REGISTRATION DEADLINE July 5th & July 19th	REGISTRATION DEADLINE JULY 5th
		<b>Eight, 30 Minute Classes</b> Parent / Child—Swim Starters 6:00 PM
<b>Eight, 30 Minute Classes</b> Stage 1—Water Acclimation 5:15 PM Stage 2—Water Movement 6:00 PM Stage 3—Water Stamina 4:30 PM	<b>Eight, 30 Minute Classes</b> Stage 1—Water Acclimation 8:45 10:45AM Stage 2—Water Movement 9:30 AM Stage 3—Water Stamina 10:15 AM	<b>Eight, 30 Minute Classes</b> Stage 1—Water Acclimation 4:30 PM Stage 2—Water Movement 5:15 PM
<b>Eight, 45 Minute Classes</b> Stage 1—Water Acclimation 5:00 PM Stage 3—Water Stamina 6:00 PM	<b>Eight, 45 Minute Classes</b> Stage 1—Water Acclimation 8:45 AM Stage 2—Water Movement 9:45 AM Stage 3—Water Stamina 10:30 AM	<b>Eight, 45 Minute Classes</b> Stage 2—Water Movement 5:00 PM Stage 4—Stroke Introduction 6:00 PM
<b>Eight, 45 Minute Classes</b> <b>(MONDAY/FRIDAY)</b> Teen / Adult Beginner 6:30 PM		