



SOUTH ORLANDO YMCA

YOUTH SPORTS CALENDAR 2018

All sports team information including rosters, game and practice schedules, and locations can be found on southorlando.playerspace.com

WINTER



SPRING



SUMMER



FALL 1



FALL 2



YMCA MEMBER

NON-MEMBER

**EARLY
REGISTRATION**

**OPEN
REGISTRATION**

*Increase Registration by \$10

GRADES

**SEASON
INFORMATION**

PRACTICE STARTS

NO PROGRAMMING

FIRST GAME

LAST GAME

\$45	\$45	\$45	\$45	\$45
\$90	\$90	\$90	\$90	\$90
November 1—December 17	January 1—February 25	April 1—May 20	June 1—July 19	Aug 1—Sept 20
December 18—January 18	February 26—March 29	May 21—Jun 14	July 20—Aug 16	Sept 21—Oct 18
Basketball: PreK-11th Flag Football: 4th-11th	Soccer: Age 3- 5th Grade Basketball: Pk-11th	Futsal: Age 3- 5th Grade Basketball: Pk-11th	Soccer: Age 3- 5th Grade Basketball: 2nd-11th	Basketball: Pk-11th Futsal: Age 3- 5th Grade Flag Football: Pk-11th
One Practice Per Week 7 Games Basketball: Jersey, Magic Ticket Soccer: Jersey, Socks	One Practice Per Week 7 Games Basketball: Jersey, Magic Ticket Soccer: Jersey, Socks	One Practice Per Week 7 Games Basketball: Jersey, Magic Ticket Soccer: Jersey, Socks	One Practice Per Week 7 Games Basketball: Jersey, Magic Ticket Soccer: Jersey, Socks	One Practice Per Week 7 Games Basketball: Jersey, Magic Ticket Soccer: Jersey, Socks Flag Football: Jersey, shorts
Week of Jan 8	Week of March 12	Week of May 28	Week of Aug 6	Week of Oct 8
None	March 18 - March 25	July 1 - July 8	Aug 30 - Sept 5	Nov 18 - 25
Jan 20	March 31	June 9	Aug 18	Oct 20
March 3	May 12	July 28	Oct 6	Dec 8

For More Information, Contact:

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*Dates are subject to change

** Grade division if participation warrants



2017 PARENT INFORMATION SOCCER, BASKETBALL, & FUTSAL

WHY THE Y?

The YMCA Youth Sports philosophy is unique. We emphasize good sportsmanship, teamwork, values, and fellowship with others, alongside teaching sports skills. The three most important goals as a parent and a coach are to make sure each child is safe, has fun and learns the fundamentals of each sport.

The YMCA has a modified league format to help ensure this philosophy is fostered:

- NO TRY-OUTS OR CUTS and EACH PLAYER PLAYS AT LEAST HALF OF EVERY GAME
- EMPHASIS ON FUN & SKILL DEVELOPMENT BEFORE WINS & LOSSES
- MODIFIED GAME RULES THAT HELP YOUR CHILD DEVELOP THEIR SKILLS
- REFEREES WHO 'COACH' WHEN ENFORCING THE RULES OF THE GAME

PRACTICE INFORMATION

Each team practices one evening per week for one hour (PreK 45mins). Practices are held Monday-Thursday, with the earliest time being 5pm. Generally the younger the age-group, the earlier the practice. When you register, you can request a certain day or time that works best for your schedule, as well as requesting a particular coach or teammate. Requests are filled on a first-come first-served basis. We have balls and practice equipment here at the Y, and you are welcome to bring your own ball too. Make sure you put your name on equipment you bring with you.

GAME INFORMATION

Games take place either on Friday evenings or Saturdays. Older teams (4th grade and up) often play more Friday evening games, whereas younger teams (PreK through 3rd Grade) tend to have more Saturday games. All teams will play between six & eight games during the season and some seasons will be seven weekends so we will play weeknight and some to get the eighth game in. Teams in grades 4th & up may travel some weeks to local Central Florida YMCA's for away games. Please see our season information sheet for specific game information for each season. Game schedules will be posted on our playerspace website the week following the first day of practices.

• **Team and Practice info will be EMAILED the Saturday before practices begin.**

VOLUNTEER COACHES

Our coaches are background-screened volunteers who give back to their community through the sports that they love. They dedicate two hours a week to help kids develop skills, values and a love of the game.

Benefits of Coaching:

- > A coach will have more impact in one season than most people do in a lifetime
- > Coaches have fun with the youth in their community
- > Coaches get first pick of practice days/times
- > We hold a coaches' training each season so every coach is knowledgeable and informed

UNIFORMS & WHAT TO WEAR

All players will receive a YMCA Team Jersey as part of their registration. Jerseys will be handed out as you arrive for your first game. Players will need to wear comfortable athletic shorts or pants, with sneakers for volleyball/basketball and rubber-soled cleats for soccer/flag football. T-ball/Coach-Pitch players have the option of either type of footwear.

In 2016 we will be looking into adding apparel or equipment to the registration.

Things to note for Game-Day:

- > Players may not wear jewelry during their games
- > No food or gum is allowed in the gymnasium
- > All drinks should be in sealable sports bottles

COACHES AND PARENTS CODE OF CONDUCT

- > I truly understand that youth sports are intended for children and not for adults
- > I will place the well-being of the players ahead of my personal desire to win
- > I will treat each player with respect, & extend that respect to all parents, spectators and YMCA officials.
- > I will demonstrate good sportsmanship and fair play towards all players, opponents and coaches.



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