



**FOR IMMEDIATE RELEASE**  
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**CONTACT:** Secily Wilson  
407.895-8669  
swilson@cfymca.org

## **The Y Welcomes Dr. Fitz Hill for MLK Day Celebration**

*Thousands will unite to remember the man who asked: "What are you doing for others?"*

**ORLANDO, Fla.**—Dr. Fitz Hill, President of Arkansas Baptist College and Co-Author of "Crackback!" How College Football Blindsides the Hopes of Black Coaches, headlines the YMCA of Central Florida's 22<sup>nd</sup> Annual Arthur "Pappy" Kennedy Prayer Breakfast honoring the legacy of Dr. Martin Luther King, Jr. **Monday, January 21, 2013 -7:45 A.M.** at **First Baptist Church of Orlando—Faith Hall.**

Dr. Hill worked as a NCAA Division I head football coach before he became a top-level university administrator. He has spent half of his life researching challenges associated with race that are faced by African-American college coaches. His groundbreaking work, including a doctoral dissertation on the topic, has made Dr. Hill a nationally consulted expert who was asked to testify before a U.S. congressional committee. He has also appeared on numerous network television programs including "ESPN Outside The Lines," "Cold Pizza," "ABC Nightline" and "HBO Real Sports". Dr. Hill, who received a bronze star while serving in the U.S. Army during Desert Storm, is also a visiting lecturer at the Institute of Diversity of Ethics at the University of Central Florida in Orlando.

*"Being the first black coach for San Jose State University, would not have been possible had it not been for Dr. King fighting for equality. We now have a responsibility to carry out that dream to be a blessing to others,"* says Dr. Hill.

The YMCA of Central Florida is committed to improving the lives of all in Central Florida through Youth Development, Healthy Living and Social Responsibility. "Dr. King devoted his life to advancing equality, social justice and economic opportunity for all, and taught us that everyone has a role to play in making America what it ought to be," said Jim Ferber, President & CEO of YMCA of Central Florida.

The Jaycees of Southwest Orlando Junior Chapter is joining the Y of Central Florida in the celebration honoring Dr. King. For tickets, contact one of 20 local Y Family Centers near you. For exact locations, visit [ymcacentralflorida.com](http://ymcacentralflorida.com).

### **About the Y**

The [YMCA of Central Florida](http://YMCA of Central Florida) is one of the area's largest nonprofits committed to strengthening the local communities it serves. It is a diverse organization of men, women and children joined by a shared commitment to nurturing the potential of kids, promoting healthy living and fostering a sense of social responsibility. Each day 25,000 Central Florida residents are impacted by the Y when a mentor inspires a child, individuals make healthy choices and a community comes together for common good. In 2011, this YMCA Association of over 1,800 employees across 6 Florida counties impacted over 225,000 residents and invested, during a down economy, \$10.2 million in its local communities through neighborhood improvement projects. Also, this Y provided \$9.2 million in financial assistance to children and families that resulted in lasting personal and social change.

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