



Lap Swim Hours

Competition Pool Hours

M-F 5:30am-8:30pm

Sat 8:00am-4:00pm

Lap Swim Availability:

5:30am-3:00pm (M-F)

7:00pm-8:30pm (M-F)



Diving Well

M- F 5:30am-8:30pm

Sat 8:00am-4:00pm

Lap Swim Availability:

5:30am-3:00pm (M-F)

7:00pm-8:30pm (M-F)



Training Pool

M-F 8:00am-8:30pm

Sat 8:00am-4:00pm

Lap Swim Availability: 2 Lanes

8:00am-8:30pm (M-F)

8:00am-4:00pm (Sat)



As one of the areas premier training and events center, our schedule often changes to accommodate visiting teams, swim meets, and other special events. This schedule is intended to give our members an overall idea of the best times to visit our family center for lap swimming. This schedule is subject to change and all members visiting between 3:00pm-7:00pm should call ahead for lap availability.