



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# HOMESCHOOL Exercise Class

## Teaching Healthy Living Meets every Tuesday & Thursday

**WHAT:** Join us for exercise classes for your homeschooled children. This program is for YMCA members only. Grades K-12

**WHEN:** Tuesdays at 11am-12pm and  
Thursdays at 11am-12pm

**WHERE:** The Rob McCoy Teen Center

**ACTIVITIES INCLUDE:** Exergames, Kids Zumba, nutrition lessons, stretch activities, soccer skills, kickball and more.

**FOR ADDITIONAL INFORMATION:**  
Contact Christine Bianculli at (352)368-9622 or  
deriso102@gmail.com.



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The Frank DeLuca YMCA Family Center  
in  
partnership with  
Munroe Regional Medical Center