



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SWIM FOR FUN SWIM FOR YOUR LIFE

2017 Spring Swim Academy

J. DOUGLAS WILLIAMS YMCA FAMILY CENTER

MON & WED (Morning - 8 classes)

SESSION DATES Registration
Deadline*

May 1 - May 24 Apr 27

Preschool & Adult Lessons:

Monday & Wednesday:

Adult: 8:15 AM
Stage 1: 9:00 AM or 10:15 AM
Stage 2: 9:30 AM
Stage 3: 10:45 AM

Weekday - 8 classes

\$75 Members
\$150 Non-Members

M/W or T/ TH (Evening - 8 classes)

SESSION DATES Registration
Deadline*

May 1 - May 25 Apr 27

Preschool Lessons:

Monday & Wednesday:

Stage 1: 5:30 PM
Stage 2: 5:00 PM
Stage 3: 4:30 PM
Stage 4: 6:00 PM

Tuesday & Thursday:

Stage 1: 4:45 PM or 6:30 PM
Stage 2: 5:15 PM
Stage 3: 6:00 PM

School Age & Adult:

Monday & Wednesday:

Stage 1: 4:45 PM
Stage 2: 4:00 PM or 6:30 PM
Stage 3: 6:30 PM
Stage 5: 5:45 PM

Tuesday & Thursday:

Stage 1: 6:45 PM
Stage 2: 4:30pm or 6:00 PM
Stage 4/5: 5:15 PM
Teen/Adult Beginner: 7:00 PM
(STAGE 1-3)
Teen/Adult Advanced: 7:30 PM
(STAGE 4-6)

Weekday - 8 classes

\$75 Members
\$150 Non-Members

SATURDAYS (four-week session)

SESSION DATES Registration
Deadline*

May 6 - May 27 May 3

Preschool Lessons:

Saturday:

Parent/Child: 12:00 PM
Stage 1: 9:00 AM or 10:15 AM
Stage 2: 9:30 AM or 10:45 AM
Stage 3/4: 11:30 AM

School Age & Adult:

Saturday:

Stage 1: 9:00 AM
Stage 2: 10:00 AM
Stage 3/4: 11:30 AM
Stage 5/6: 10:45 AM
Teen/Adult Beginner: 8:15 AM
(STAGE 1-3)
Teen/Adult Advanced: 8:15 AM
(STAGE 4-6)

Saturdays - 4 classes

\$38 Members
\$75 Non-Members



*\$10 late fee after the registration deadline

J. DOUGLAS WILLIAMS YMCA FAMILY CENTER

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Text "follow JDWYswim" to 40404 for weather updates