



# J. Douglas Williams YMCA Youth Sports Calendar FALL 2016-SUMMER 2017

Season	Early Fall 2016	Late Fall 2016	Winter 2017	Spring 2017	Summer 2017
<b>SPORTS OFFERED</b>					
<b>Sports Offered</b> (schedules subject to change)	Soccer DLeague B-ball Volleyball	Flag Football Basketball SPEED Lacrosse	Basketball Flag Football	Soccer Volleyball	Basketball
	<b>7 GAMES</b>	<b>7 GAMES</b>	<b>7 GAMES</b>	<b>7 GAMES</b>	<b>7 GAMES</b>
<b>Early Registration Period</b> (Guaranteed Placement)	Jul 4 - July 31	Sep 12 - Oct 2	Nov 1 - Dec 14	Jan 1 - Feb 22	Apr 1 - May 17
<b>YMCA Member Early Registration</b>	\$90	\$90	\$90	\$90	\$90
<b>Program Participant Early Registration</b>	\$190	\$190	\$190	\$190	\$190
<b>Open Registration Period</b> (Space is Limited)	Aug 1 - Aug 20	Oct 3 - Oct 22	Dec 14 - Jan 19	Feb 22 - Mar 30	May 17 - Jun 15
<b>YMCA Member Open Registration</b>	\$110	\$110	\$110	\$110	\$110
<b>Program Participant Open Registration</b>	\$210	\$210	\$210	\$210	\$210
<b>Grades</b> (Pre-K starts at age 3)	Soccer: PreK-8th Volleyball: 2nd-11th DLEague: 2-11th	Flag Football: PK-8th Basketball: PK-11th SPEED LAX: 3rd-8th	Basketball: PK-11th Flag Football: K-8th	Soccer: PreK-11th Volleyball: 2nd-11th Basketball: 4th-11th	Basketball: PK-11th
<b>Practices Begin Week of...</b>	Aug 15th	Oct 17th	Jan 9th	March 13th	June 5th
<b>Holiday Time Off</b>	Sep 2 - 5	Nov 20 - 27	None	Mar 17 - 26	Jun 30 - Jul 4
<b>First Game</b>	Aug 26/27	Oct 28/29	Jan 20/21	Mar 31/Apr 1	Jun 16/17
<b>Last Game</b>	Oct 14/15	Dec 16/17	Mar 10/11	May 19/20	Aug 4/5

For more information check out our sports website: [www.playYMCA sports.com](http://www.playYMCA sports.com)  
or contact Peter Dawry, Sports Director, at [pdawry@cfymca.org](mailto:pdawry@cfymca.org)



## 2016-2017 PARENT INFORMATION

### SOCCER, VOLLEYBALL, BASKETBALL, FLAG FOOTBALL, and CHEER

#### WHY THE Y?

The YMCA Youth Sports philosophy is unique. We emphasize good sportsmanship, teamwork, values, and fellowship with others, alongside teaching sports skills. The three most important goals as a parent and a coach are to make sure each child is safe, has fun and learns the fundamentals of each sport.

The YMCA has a modified league format to help ensure this philosophy is fostered:

- EACH PLAYER PLAYS AT LEAST HALF OF EVERY GAME
- EMPHASIS ON FUN & SKILL DEVELOPMENT BEFORE WINS & LOSSES
- MODIFIED GAME RULES THAT HELP YOUR CHILD DEVELOP THEIR SKILLS
- REFEREES WHO 'COACH' WHEN ENFORCING THE RULES OF THE GAME

#### PRACTICE INFORMATION

Each team practices one evening per week for one hour. Practices are held Monday-Thursday, with the earliest start time being 5pm. Generally the younger the age-group, the earlier the practice. When you register, you can request a day or time that works best for your schedule, as well as requesting a particular coach or teammate. Requests are filled on a first-come, first-serve basis. We provide balls and practice equipment here at the Y, and you are welcome to bring your own. Make sure you put your name on equipment you bring with you.

#### GAME INFORMATION

Games take place either on Friday evenings or Saturdays. Older teams (4th grade and up) often play more Friday evening games, whereas younger teams (PreK through 3rd Grade) tend to have more Saturday games. All teams will play seven games during the season and some seasons we may play weeknight games if needed. Teams in grades 4th & up may travel some weeks to local Central Florida YMCA's for away games. Please see our season information sheet for specific game information for each season. Game schedules will be posted on our Playerspace website the week following the first day of practices.

#### SPORTS CALENDAR

Our sports calendar runs in conjunction to the school calendar. We run our leagues from fall to summer and your child will play in the grade division they are in for that entire school calendar year, including the summer. You may choose to play your child up a division if you wish, but not down in a lower division unless a specified reason is approved by the sports department. Reminder that we give discounts for early registration as this allows us to get the teams placed quickly after that deadline. This allows us to communicate team placements more effectively. After the deadline the fee will be the regular price without the discount. Refunds can only be requested up to the first game weekend. After that, only a credit to the next season will be offered.



#### VOLUNTEER COACHES

Our coaches are background-screened volunteers who give back to their community through the sports that they love. They dedicate two hours a week to help kids develop skills, values and a love of the game.

##### Benefits of Coaching:

- > A coach will have more impact in one season than most people do in a lifetime
- > Coaches have fun with the youth in their community
- > Coaches get first pick of practice days/times
- > We hold a coaches' training each season so every coach is knowledgeable and informed

#### COACHES AND PARENTS CODE OF CONDUCT

- > I truly understand that youth sports are intended for children and not for adults
- > I will place the well-being of the players ahead of my personal desire to win
- > I will treat each player with respect, & extend that respect to all parents, spectators and YMCA officials.
- > I will demonstrate good sportsmanship and fair play towards all players, opponents and coaches.