



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA's DIABETES PREVENTION PROGRAM

Eligible Central Florida Employers

People with health insurance provided by United Healthcare should check with their employer about the availability of this program as a covered benefit, or contact the Diabetes Prevention and Control Alliance to confirm eligibility at 1 800 237 4942. Below is a partial list of employers who should be eligible.

How do I qualify to participate?

If you have health insurance provided by United Healthcare and this is a covered benefit by your employer, you may qualify if:

1. You have been diagnosed by your physician with prediabetes through one of the following blood values:
 - A1c 5.7-6.4%
 - Fasting Plasma Glucose 100-125 mg/dl
 - 2-hour Plasma Glucose 140-199
 - Prediabetes determined by clinical diagnosis of Gestational Diabetes during previous pregnancy

AND

2. BMI of 25 or higher

If you are unsure of your numbers, please contact your physician to confirm your results or to be tested.

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| ACH Charter, AUE II, Inc | Energy Air | North Florida Lumber, Inc. |
| ACH of America, LLC | Exp U.S. Services Inc. | Orange County Government |
| Acorn Stairlifts Inc | F & H Electrical Contractors | Orange Lake Country Club |
| Advantor Systems Corporation | Faro Technologies | Orlando Orthopedic Center MD PA |
| AGPM | Father's Table | Palmas Services LLC |
| Akimeka Technologies | Fleetgistics Holding, Inc. | Palmer Electric Co. |
| Attorneys Title Insurance Fund | Flomet | Physician Associates LLC |
| Brevard County Clerk | Florida Emergency Physicians | Quest, Inc. |
| Call Henry Inc | Florida Fruit & Vegetable Assoc. | RDV Sports - Orlando Magic |
| Cargo Holdings International, Inc / CClA | Gencor Industries | RSR Group Inc |
| Carley Corporation | GlobalOptions Services, Inc. | SBK Capital, LLC. |
| CBL Path Holdings Corporation | Gray Robinson, PA | Seminole County Public Schools |
| Central Florida YMCA | Greater Orlando Aviation Authority | Seminole County Sheriff's Office |
| Central States Enterprises | H & R Resorts, Inc | Seminole Powersports |
| Charisma Media | Handex Environmental, Inc. | Signature Brands |
| City of Deltona | Hannover Life Reassurance Company of America | Silver Lake Resort |
| City of Longwood | High Reach Company | The Dingman Group |
| City of Maitland | Howard Fertilizer & Chemical Company | TJF Management Company |
| City of Winter Garden | Info Tech | Tower Hill Insurance Group |
| Clerk of the Circuit Court Seminole County | Institute of Internal Auditors | Traffic Control Devices |
| CNL Financial Group | Island One Resorts | Triad Isotopes |
| Colonial Management Group, LP | Jardon Howard Technologies | United Cerebral Palsy of Central Florida |
| Community Coordinated Care for Children | Kaegan Corporation | United Service Source |
| Correct Craft Inc | Kessler Hotels | Volusia Transit Management, Inc. |
| Dean Mead Egerton | Kingspan Insulated Panels Inc | Voxeo Inc |
| Default Consulting Group, Inc. | LMG, Inc. | Windoor, Inc. |
| Dewitt Excavating | Morton Electric | Workforce Central Florida |
| Digital Risk, Inc. | MVP Operations | Zero Chaos |
| DSI Management, LLC | Neighbor to Family | |
| Edinburgh Management | Nelco X, Inc. | |
| Empower Software Solutions | Nickelodeon Family Suites Resort LLC | |

