








SOUTH ORLANDO YMCA 2017 Youth Sports Calendar

Season	Winter	Spring	Summer
SPORTS OFFERED		 	 
Sports Offered (schedules subject to change)	Basketball	Soccer Basketball	Basketball Futsal
GAMES	7 GAMES	7 GAMES	7 GAMES
Early Registration Period (Guaranteed Placement)	Nov 1 - Dec 17	Jan 1 - Feb 22	Apr 1 - May 17
YMCA Member Early Registration	\$45	\$45	\$45
Program Participant Early Registration	\$90	\$90	\$90
Open Registration Period (Space is Limited)	Dec 14 - Jan 19	Feb 22 - Mar 30	May 17 - Jun 15
YMCA Member Open Registration	\$55	\$55	\$55
Program Participant Open Registration	\$100	\$100	\$100
Grades (Pre-K starts at age 3)	Basketball: PK-12th	Basketball: K-12th Soccer: PK-5th	Basketball: PK-12th Indoor Soccer: PK-3rd
Practices Begin Week of...	Jan 9th	March 13th	June 5th
Holiday Time Off	None	Mar 17 - 26	Jun 30 - Jul 4
First Game	Jan 20/21	Mar 31/Apr 1	Jun 16/17
Last Game	Mar 10/11	May 19/20	Aug 4/5
Coaches Meeting	Jan 5th, 6:30PM	March 9th 6:30 PM	June 1st 6:30 PM
Parent Meeting	Jan 6th, 6:30PM	March 10th 6:30 PM	June 2nd 6:30 PM

For more information contact **Patrick Jackson, Sports Director** pjackson@cfymca.org
 South Orlando YMCA | 814 W. Oak Ridge Rd | Orlando, FL 32839 | 407.855.2430 C: 321.300.0313



2017 PARENT INFORMATION SOCCER, BASKETBALL, & FUTSAL

WHY THE Y?

The YMCA Youth Sports philosophy is unique. We emphasize good sportsmanship, teamwork, values, and fellowship with others, alongside teaching sports skills. The three most important goals as a parent and a coach are to make sure **each child is safe, has fun and learns the fundamentals** of each sport.

The YMCA has a modified league format to help ensure this philosophy is fostered:

- NO TRY-OUTS OR CUTS and EACH PLAYER PLAYS AT LEAST HALF OF EVERY GAME
- EMPHASIS ON FUN & SKILL DEVELOPMENT BEFORE WINS & LOSSES
- MODIFIED GAME RULES THAT HELP YOUR CHILD DEVELOP THEIR SKILLS
- REFEREES WHO 'COACH' WHEN ENFORCING THE RULES OF THE GAME

PRACTICE INFORMATION

Each team practices one evening per week for one hour (PreK 45mins). Practices are held Monday-Thursday, with the earliest time being 5pm. Generally the younger the age-group, the earlier the practice. When you register, you can request a certain day or time that works best for your schedule, as well as requesting a particular coach or teammate. Requests are filled on a first-come first-served basis. We have balls and practice equipment here at the Y, and you are welcome to bring your own ball too. Make sure you put your name on equipment you bring with you.

GAME INFORMATION

Games take place either on Friday evenings or Saturdays. Older teams (4th grade and up) often play more Friday evening games, whereas younger teams (PreK through 3rd Grade) tend to have more Saturday games. All teams will play between six & eight games during the season and some seasons will be seven weekends so we will play weeknight games to get the eighth game in. Teams in grades 4th & up may travel some weeks to local Central Florida YMCA's for away games. Please see our season information sheet for specific game information for each season. Game schedules will be posted on our playerspace website the week following the first day of practices.

* **Team and Practice info will be EMAILED the Saturday before practices begin.**

VOLUNTEER COACHES

Our coaches are background-screened volunteers who give back to their community through the sports that they love. They dedicate two hours a week to help kids develop skills, values and a love of the game.

Benefits of Coaching:

- > A coach will have more impact in one season than most people do in a lifetime
- > Coaches have fun with the youth in their community
- > Coaches get first pick of practice days/times
- > We hold a coaches' training each season so every coach is knowledgeable and informed

UNIFORMS & WHAT TO WEAR

All players will receive a YMCA Team Jersey as part of their registration. Jerseys will be handed out as you arrive for your first game. Players will need to wear comfortable athletic shorts or pants, with sneakers for volleyball/basketball and rubber-soled cleats for soccer/flag football. T-ball/Coach-Pitch players have the option of either type of footwear.

In 2016 we will be looking into adding apparel or equipment to the registration.

Things to note for Game-Day:

- > Players may not wear jewelry during their games
- > No food or gum is allowed in the gymnasium
- > All drinks should be in sealable sports bottles

COACHES AND PARENTS CODE OF CONDUCT

- > I truly understand that youth sports are intended for children and not for adults
- > I will place the well-being of the players ahead of my personal desire to win
- > I will treat each player with respect, & extend that respect to all parents, spectators and YMCA officials.
- > I will demonstrate good sportsmanship and fair play towards all players, opponents and coaches.



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