

INDOOR POOL SCHEDULE

May–September

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | | | | | |
|---------|--|---------------------------------|--|---------------------------------|--|----------|--------|--|--|--|--------------------------------|-------------------------|
| 5:00am | | | | | | | | | | | | |
| 6:00am | | | | | | | | | | | | |
| 7:00am | | | | | | | | | | | | |
| 8:00am | | | | | | | | | | | | |
| | | | | | | | | | | | | |
| 9:00am | | | | | | | | | | | | |
| | | | | | | | | | | | | |
| | | | | | | | | | | | | |
| 10:00am | | | | | | | | | | | Deep Water Fitness 9am-10am | Lap Swim (5-6 Lanes) |
| | Lap Swim (3 Lanes) | Lap Swim (3 Lanes) | Lap Swim (3 Lanes) | Lap Swim (3 Lanes) | Lap Swim (3 Lanes) | | | | | | | |
| | Shallow Water Fitness 10am-11am | Aqua Zumba 10am-11am | Shallow Water Fitness 10am-11am | Aqua Zumba 10am-11am | Shallow Water Fitness 10am-11am | | | | | | | |
| 11:00am | | | | | | | | | | | | |
| 12:00pm | | | | | | | | | | | | |
| 1:00pm | | | | | | | | | | | | |
| 2:00pm | Lap Swim (5-6 Lanes) | Lap Swim (5-6 Lanes) | Lap Swim (5-6 Lanes) | Lap Swim (5-6 Lanes) | Lap Swim (5-6 Lanes) | | | | | | | |
| | Shallow Water Fitness 2:15pm-3:15pm | | Shallow Water Fitness 2:15pm-3:15pm | | Shallow Water Fitness 2:15pm-3:15pm | | | | | | | |
| 3:00pm | | | | | | | | | | | | |
| 4:00pm | | | | | | | | | | | | |
| 5:00pm | | | | | | | | | | | | |
| 6:00pm | Lap Swim (5-6 Lanes) | Lap Swim (5-6 Lanes) | Shallow Water Fitness 6pm-7pm | Lap Swim (5-6 Lanes) | Lap Swim (5-6 Lanes) | | | | | | | |
| 7:00pm | Lap Swim (5-6 Lanes) | Lap Swim (1 Lane) | | Lap Swim (1 Lane) | | | | | | | | |
| | | Masters Swim Club 7pm-8:15pm | | Masters Swim Club 7pm-8:15pm | | | | | | | | |
| 8:00pm | | Lap Swim (1 Lane) | Lap Swim (5-6 Lanes) | Lap Swim (1 Lane) | | | | | | | | |
| 9:00pm | | Lap Swim (5-6 Lanes) | | Lap Swim (5-6 Lanes) | | | | | | | | |