

THE AQUATIC LIFE AT THE OVIEDO Y

SUMMER 2017

Schedule effective Monday, June 5 - Sunday, August 6

Pool Maximum Capacity: 35 people

Your safety is important to us. The pool will be closed during the time frames that the lifeguard is on a break.

Thank you for your cooperation!

LAP SWIM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00AM-11:30AM	5:00AM-6:50AM	5:00AM-6:50AM	5:00AM-6:50AM	5:00AM-6:50AM	5:00AM-6:50AM	7:00AM-9:20AM
11:40AM-3:20PM	7:00AM-7:20AM	7:00AM-7:20AM	7:00AM-7:20AM	7:00AM-7:20AM	7:00AM-7:20AM	10:30AM-2:30PM
3:30PM-5:30pm	8:35AM-11:15AM	8:40AM-11:15AM	8:40AM-11:15AM	8:40AM-11:15AM	8:40AM-11:15AM	2:40PM-5:30PM
	12:40PM-3:30PM	1:35PM-3:30PM	12:40PM-3:30PM	1:35PM-3:30PM	12:40PM-3:30PM	
	3:40PM-6:25PM	3:40PM-6:25PM	3:40PM-6:25PM	3:40PM-6:25PM	3:40PM-7:30PM	
	7:40PM-9:30PM	7:40PM-9:30PM	7:40PM-9:30PM	7:40PM-9:30PM	7:40PM-8:30PM	

Lap Swimmers: Monday-Friday 8:45am-11:30am & 3:30pm-6:30pm, Saturday 10:30am-1:30pm and Sunday 2pm-5:30pm there will be limited space for lap swimming due to summer swim lessons in session.

Lap swimmers may be asked to share a lane or circle swim during this time.

REC SWIM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00AM-11:30AM	8:40AM-11:20AM	8:40AM-11:20AM	8:40AM-11:20AM	8:40AM-11:20AM	8:40AM-11:20AM	7:00AM-9:20AM
11:40AM-3:20PM	12:40PM-3:30PM	1:35PM-3:30PM	12:40PM-3:30PM	1:35PM-3:30PM	12:40PM-3:30PM	10:30AM-2:30PM
3:30PM-5:30pm	3:40PM-6:25PM	3:40PM-6:25PM	3:40PM-6:25PM	3:40PM-6:25PM	3:40PM-7:30PM	2:40PM-5:30PM
	7:40PM-9:30PM	7:40PM-9:30PM	7:40PM-9:30PM	7:40PM-9:30PM	7:40PM-8:30PM	

Reminder: No Lap or Rec swim while Aquatic Fitness or Swim Team practice is in session.

AQUATIC FITNESS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
N/A	7:30AM-8:30AM	7:30AM-8:30AM	7:30AM-8:30AM	7:30AM-8:30AM	7:30AM-8:30AM	9:30AM-10:30AM
	11:30AM-12:30PM	11:30AM-12:30PM	11:30AM-12:30PM	11:30AM-12:30PM	11:30AM-12:30PM	
	6:30PM-7:30PM	12:30PM-1:30PM		12:30PM-1:30PM		

SWIM TEAM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
N/A	N/A	6:30PM-7:30PM	6:30PM-7:30PM	6:30PM-7:30PM	N/A	N/A

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