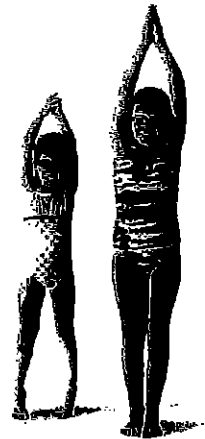




**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

FOR INSTANT FUN JUST ADD WATER!



YCF Swim Team @ Cocoa YMCA

The YMCA of Central Florida Swim Team (YCF) is a year-round USA Swimming and YMCA swim team offering a full range of competitive programming for swimmers from youth to adult! YCF has a long history in the swimming community and has grown to become one of the largest and most comprehensive swim teams in Florida and across the country. Whether you are looking for a gentle introduction to competitive swimming, an elite level training program or anything in between, you'll find it here!

YCF is your neighborhood swim team, available at every pool within the YMCA of Central Florida Association, making your ideal training site always close to home! The team is broken into various practice groups based on age, ability and commitment in order to offer an appropriate option for swimmers of every ability level!



YCF has a professionally trained and certified coaching staff who use the YMCA core values of honesty, caring, respect, responsibility and faith as the primary focus in their instruction. Our goal is to develop swimmers who are better prepared in life by being better prepared in the water!

Financial assistance is available for those who qualify.

YCF SWIM TEAM

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