



South Orlando YMCA Karate Classes



Who:

Ages 7 to Adults

COST: Monthly Fee

\$25.00 Members

\$40.00 Non-members

Classes:

TUESDAYS (Intermediate/Advance)

- 6-7:15 PM

THURSDAYS (Beginner)

- 5:15 PM-6:00 PM

SATURDAYS (All)

- 9:15 AM-10:45 AM

Warriors Red Dragon Karate Class



Frankie Huertas – Grand Master was born and raised in Brooklyn, New York on 27 November 1951. Retired Marine/Army instructor who brings over 45 years combined fitness experience. He is a Certified Master Fitness Trainer by the Department of the Army. He founder of the Warrior's Red Dragons Martial Art producing National and Regional Champs out of Region Five, Missouri. Boxer, United States Marine Corp, Army and the streets of Brooklyn, New York. He studied the Martial Arts in Okinawa, Korea, Germany, Spanish Harlem, Texas and Missouri. Studied under the "Legendary" Grand Master Wildcat Molina who is his Hanshi. On February 4, 2011, Frankie Huertas Sensei was inducted into the Midwest Martial Arts Association Southern Conference (MMASC) Hall of Fame for his outstanding involvement and contribution in the development, growth, teaching, coaching and competing in the Martial Arts. He is forever enshrined at: <http://www.mmasc.net/halloffame.html>. On November 5, 2011, Frankie Huertas Grand Master was inducted into the American Federation of Martial Arts Hall of Fame / Hall of Honor. He was also inducted into Action Martial Arts Magazine Hall of Honor as Ambassador of the Martial Arts, Bronze Award for over 30 years of contribution to the Martial Arts at the Tropicana Casino & Resort in Atlantic City, N.J. hosted by Sifu Master Alan Goldberg on 25 January 2014. On June 21, 2014 Frankie Huertas Grandmaster was inducted into the Latin American Martial Arts Society LMAS Hall of Fame as Master Instructor of the Year.

Duro y Suave, Manos Vacias (Hard and Soft Karate) is a unique Martial Art style that was created by Peter Flores Sr. in the mid 1970s. It was sanctioned and recognized as a valid Martial Art by the legendary Karate pioneer and Chief Grand Master of all the American Goju systems in the United States, Peter George Urban. Grand Master Urban is also credited with introducing the Goju Karate style of Karate to the United States of America from Japan. Grand Master Urban's teacher was the legendary Grand Master Gogen Yamaguchi "The Cat" who headed the Japanese Goju System in Japan. Grand Master Yamaguchi's teacher was the creator of the original Goju system in Okinawa, Grand Master Chojun Miyagi.