



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# WIN, BEAT A TIME OR SIMPLY CROSS THE FINISH LINE



## FRANK DELUCA YMCA INDOOR TRIATHLON

Join us **SUNDAY, APRIL 23, 11 AM**



**Click here to register**

<https://www.eventbrite.com/e/frank-deluca-ymca-indoor-triathlon-tickets-32105247660>

**Cost:** February 14 - April 9 \$25\*  
April 9 - 21: \$35

**Divisions:** Elite and Recreational

**Event Details:** 15-minute swim, 15-minute bike, 15-minute run

All ability levels are encouraged to sign up! If you've never done a tri before, this is a great way to start!

For more information please contact Kelli Garcia, Program Director, at [kgarcia@cfymca.org](mailto:kgarcia@cfymca.org) or 352.368.9622.

Frank DeLuca YMCA Family Center  
3200 SE 17th Street  
Ocala, FL 34471  
352.368.9622  
<http://ymcacentralflorida.com/y-locations/frank-deluca>

  
**Spirit, Mind & Body  
TRIATHLON**

